



"Helping individuals Thrive and not Just Survive"

Difference between Traditional SA Treatment and Criminology Treatment

Substance Abuse Treatment focuses on:

- Abstinence – obtaining and maintaining sobriety
- Living a chemical-free lifestyle
- Coping with life without chemicals
- Stabilizing health, finances, vocation/school, employment, living arrangement.
- Resolving and avoiding legal problems
- Developing sober leisure skills
- Stabilizing relationships
- Repairing intimate relationships, marriage, family problems
- Improving social skills
- Deal/cope with/resolve emotional problems/feelings such as rejection, depression, unresolved grief/mourning, shame, guilt, and abandonment.
- Enhancing self-esteem, confidence and self-acceptance

Criminogenics Treatment focuses on:

- Anti-social attitudes, values, and beliefs (criminal thinking)
- Pro-criminal associates and isolation from pro-social associates
- Particular temperament and behavioral characteristics
- Weak problem-solving and social skills
- Criminal history
- Negative family factors- abuse, unstructured or undisciplined environment, criminality in the family, substance abuse in the family)
- Low levels of vocational educational skills
- Substance abuse

(Gendreau, P. & Andrews, D.A. 1990)



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Brooks Behavioral Health Services will never combine low risk level criminals with high risk level criminals because it is counterproductive in treating Criminogenics. The diagram below shows the effects of placing an assessed level of risk client in an appropriated level of care verse inappropriate level of treatment with in Criminogenics and the outcomes.

Study	Risk Level	Level of Treatment	
		Minimal	Intensive
O'Donnell et al (1971)	Low	16%	22%
	High	78%	56%
Baird et al (1979)	Low	3%	10%
	High	37%	18%
Andrews & Kiessling (1980)	Low	12%	17%
	High	58%	31%
Bonta et al (2000)	Low	15%	32%
	High	51%	32%

D.A. Andrews and James Bonta. 2003. *The Psychology of Criminal Conduct* (3rd ed.). Cincinnati: Anderson Publishing. p. 260.